

Instructions for Use Skin Protectant Ointment Non-Sting



1 Skin Preparation:

- Ensure skin is clean and dry. Do **NOT** use **MEDI DERMA-PRO** Skin Protectant Ointment if an adhesive dressing or device is being applied to the treatment area.



2 Application:

- Apply by gently smoothing a thin uniform coating over the whole area to be treated. Avoid rubbing the skin. A more liberal application may be required for severely moist or damaged skin. Do **NOT** use on deep wounds or deep skin damage.



PRECAUTION

- If using in conjunction with other topical treatments (e.g. fungal cream), allow at least 5 minutes for absorption of the first product before applying **MEDI DERMA-PRO** Skin Protectant Ointment.



4 Cleansing and Reapplication:

- Reapplication is recommended after each episode of incontinence, following cleansing. The ointment should also be reapplied when there is no visible sheen on the skin. For best results use **MEDI DERMA-PRO** Foam & Spray Incontinence Cleanser.



PRECAUTIONS

Skin Protectant Ointment:

For **EXTERNAL** use only. Do **NOT** use on deep wounds or deep skin damage. Do **NOT** use if there are signs of skin reaction following product application, or if there are known allergies/sensitivities to any of the ingredients. Consult your clinician accordingly. This product should **NOT** be used with adhesive dressings or appliances as they will not adhere to the ointment. Skin should be kept visible so improvements or deteriorations can be seen. Seek advice from your healthcare professional if you are concerned. Only use as directed. Do **NOT** use past expiry date or if product is damaged. Once opened, product can be used through to expiry date. For single patient use only. Keep out of reach of children.



MEDI DERMA PRO

MEDI DERMA PRO

What formats are available within the **MEDI DERMA-PRO** range?

Format	Selling Unit	Product Code	PIP Code	NHS-SC Code
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Foam & Spray Incontinence Cleanser - Non-Sting

For Gentle Skin Cleansing

Bottle - 250ml	1	63582	399-6923	ELY608
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Skin Protectant Ointment - Non-Sting

For Skin Protection and Restoration

Tube - 115g	1	63605	399-6931	ELY607
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Foam & Spray Incontinence Cleanser and Skin Protectant Ointment



Patient Information Leaflet



MEDI DERMA-PRO

Your Questions Answered

Instructions for Use

Foam and Spray Incontinence Cleanser

Non-Sting



What is **MEDI DERMA-PRO**?

- **MEDI DERMA-PRO** is part of our Total Barrier Protection moisture damage treatment strategy which helps protect skin against incontinence associated skin damage.
- **MEDI DERMA-PRO** includes a skin-friendly, moisturising Foam & Spray Incontinence Cleanser and a durable Skin Protectant Ointment to protect intact, injured or at-risk skin, particularly from severe incontinence.

When is **MEDI DERMA-PRO** used?

MEDI DERMA-PRO Foam & Spray Incontinence Cleanser

- The cleanser is used to gently cleanse your skin following episodes of incontinence. It enables effective removal of stubborn, dried on or irritant bodily fluids, such as urine and faeces, and also removes any residual Skin Protectant Ointment left on the skin.

MEDI DERMA-PRO Skin Protectant Ointment

- The Skin Protectant Ointment forms a long lasting waterproof barrier to protect and repair sore, damaged or intact skin from moisture and irritants, such as urine and stool which can cause the skin to breakdown.
- The ointment can also be used to protect and reduce skin damage from friction, such as from repeatedly rubbing your skin on bed sheets as you move around the bed.

How do I apply **MEDI DERMA-PRO**?

Please refer to **Instructions for Use** sections.

MEDI DERMA-PRO Foam & Spray Incontinence Cleanser

- The cleanser can be used in a foam or spray mode.
- The spray mode is suitable for lighter soiling due to incontinence.
- The foam mode is better for use on heavy soiling and difficult-to-reach areas as it stays in place on the skin more easily.

MEDI DERMA-PRO Skin Protectant Ointment

- The ointment should be applied evenly over the whole treatment area. Do not apply too thickly.
- If the skin is particularly wet or sore, a larger amount of the ointment may need to be applied.
- The ointment does not need to be rubbed in. Apply by smoothing gently over the skin.
- **MEDI DERMA-PRO** is not suitable for use on deeper wounds. Your healthcare professional will be able to advise when the ointment should not be applied.

How do I remove **MEDI DERMA-PRO** products?

- For best results, use **MEDI DERMA-PRO** Foam & Spray Incontinence Cleanser to remove the ointment.

Can I use **MEDI DERMA-PRO** with other creams or ointments?

- If you have a fungal skin infection that needs treating with an additional cream, apply the first cream, leave for at least 5 minutes to allow it to be absorbed and then apply **MEDI DERMA-PRO** Skin Protectant Ointment to make sure the skin is still protected from moisture or irritation.

Will **MEDI DERMA-PRO** work?

- Your medical/nursing team will be working to correct and/or manage the underlying condition that has led to your skin becoming sore or at risk of breakdown.
- **MEDI DERMA-PRO** products should achieve excellent results as long as they are used appropriately and regularly applied as recommended by your healthcare professional.

How often do I apply **MEDI DERMA-PRO**?

- Your healthcare professional will advise on how frequently it should be applied.
- The ointment should be reapplied after each episode of incontinence.
- You can also reapply the ointment when the sheen fades on previously treated areas.

When should I stop using **MEDI DERMA-PRO**?

- Your healthcare professional will be able to advise when the ointment is no longer required. Your skin should be checked regularly for signs of improvement or deterioration. Generally, **MEDI DERMA-PRO** products should be discontinued when there is improvement in your skin condition.
- **MEDI DERMA-PRO** products may be used for long periods when being applied to prevent your skin breaking down.

Are there any side-effects when using **MEDI DERMA-PRO**?

- When used as directed by your healthcare professional, there should be no side-effects.
- **MEDI DERMA-PRO** products do not sting when applied to already sore, injured or intact skin.
- You should consult your healthcare professional if there are any signs of skin irritation and stop using **MEDI DERMA-PRO** products until otherwise advised.



Trigger Modes:

Turn the nozzle to the position (1).

• Foam Mode:

Ensure the nozzle flap is closed and pull the lever in firmly. Use foam mode on difficult-to-reach areas.

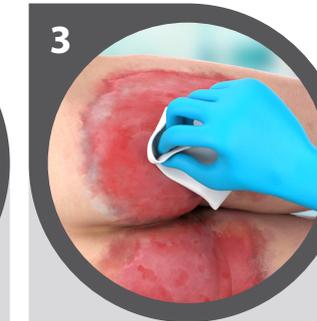
• Spray Mode:

Open the nozzle flap (2) and pull the lever in firmly.



Application:

- Apply directly to the skin or onto a wash cloth.



Cleansing:

- Gently clean the affected area, minimising application of pressure and/or friction. No rinse required.



Drying:

- Pat dry or leave to air dry where possible.



PRECAUTIONS

Foam & Spray Incontinence Cleanser:

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